

Valley Primary School

ALLERGY AWARE MENU

Suitable for pupils with allergies within the 14 EU

WEEK 1
WEEK 2
WEEK 3



Please note
AA in a dish name
refers to **Allergy
Aware**

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN	Smokey BBQ Chicken 782711	Beef Bolognese with GF Pasta 679680	Roast Chicken & Gravy 632129	DF/GF BBQ Chicken Pizza 679665	GF Fish Fingers & Chips 694767
					CONTAINS FISH
VEGGIE	Smokey BBQ Pulled Jackfruit 782758	GF Vegan Roasted Vegetable Pasta 679595	Jacket Potato with Baked Beans & DF Cheese 681015	DF/GF Cheese & Tomato Pizza 670572	Mexican Veggie Beans & Chips 783815
SIDES	Steamed Rice with Sweetcorn & Green Beans 782764	Carrots & Broccoli 746842	Rustic Roast Potatoes & Medley of Seasonal Vegetables 689911	Homemade Potato Wedges & Baked Beans 640468	Baked Beans or Peas 640466
PASTA & JACKET	GF Tomato & Basil Pasta 681142	Jacket Potato with Baked Beans & DF Cheese 681015	DF/GF Cheesy Tomato Pasta 679533	Jacket Potato with Baked Beans & DF Cheese 681015	GF Vegan Roasted Vegetable Pasta 679595
PUD	AA Jam Sponge 783751	GF Apple Crumble 688416	GF Vanilla Shortbread Biscuit 679625	Fruit Jelly 630866	AA Vanilla Cake 679611
	Fresh Fruit NO DAILY SALAD BAR				

**Only serve
what is on this
menu.**

**This menu
must be used
everyday for
children with
allergies to
the 14 EU.**

DATES

31 AUG / 21 SEP
12 OCT / 09 NOV / 30 NOV

STOP AND THINK!

Have you completed the Student Allergen Management Record?



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	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN	DF/GF Cheesy Beef Pasta 784172	AA Chicken Curry 679502	Roast Chicken & Gravy 632129	Beef Bolognese with GF Pasta 679680	BBQ Chicken & Chips 739286
VEGGIE	DF/GF Cheesy Tomato Pasta 679533	AA Vegetable Curry 679516	Jacket Potato with Baked Beans & DF Cheese 681015	GF Pasta with Homemade Pesto 681300	Lightly Spiced 'Plant Based' Chickn 744561
SIDES	Peas & Sweetcorn 644291	Steamed Rice with Carrots & Green Beans 782944	New Potatoes & Carrots 783046	Broccoli 733771	Baked Beans or Peas 640466
PASTA & JACKET	Jacket Potato with Baked Beans & DF Cheese 681015	GF Tomato & Basil Pasta 681142	Jacket Potato with Baked Beans & DF Cheese 681015	GF Vegan Roasted Vegetable Pasta 679595	Jacket Potato with Baked Beans & DF Cheese 681015
PUD	AA Vanilla Cake 679611	GF Chocolate Shortbread Biscuit 670576	GF Apple Crumble 688416	AA Jam Sponge 783751	Fruit Jelly 630866
Fresh Fruit NO DAILY SALAD BAR					

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DATES

07 SEP / 28 SEP
19 OCT / 16 NOV / 07 DEC

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	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN	GF/DF Chicken & Tomato Basil Pasta 680373	Beef & Mixed Bean Chilli con Carne 679851	Roast Chicken & Gravy 632129	AA Chicken Curry 679502	GF Fish Fingers & Chips 694767
					CONTAINS FISH
VEGGIE	GF Vegan Roasted Vegetable Pasta 679595	Roasted Vegetable & Mixed Bean Chilli con Carne 681085	Roasted Root & Mixed Bean Vegetable Stew 680544	AA Sweet Potato, Chickpea & Coconut Curry 680490	DF/GF Cheese & Tomato Pizza with Chips 681035
SIDES	Broccoli 733771	Steamed Rice & Broccoli 634220	Rustic Roast Potatoes & Medley of Seasonal Vegetables 689911	Rice & Peas 641217	Baked Beans or Peas 640466
PASTA & JACKET	Jacket Potato with Baked Beans & DF Cheese 681015	DF/GF Cheesy Tomato Pasta 679533	Jacket Potato with Baked Beans & DF Cheese 681015	GF Tomato & Basil Pasta 681142	Jacket Potato with Baked Beans & DF Cheese 681015
PUD	Fruit Jelly 630866	AA Vanilla Cake 679611	GF Chocolate Shortbread Biscuit 670576	GF Apple Crumble 688416	AA Berry Sponge 783748
	Fresh Fruit NO DAILY SALAD BAR				

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DATES

14 SEP / 05 OCT
02 NOV / 23 NOV / 14 DEC

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